

SETTING UP A META ACCOUNT

1

NAVIGATE TO META



- Open the Meta Quest Mobile App on your phone
 - The app can be downloaded on your phone's app store

OR

- Visit auth.meta.com on a desktop computer

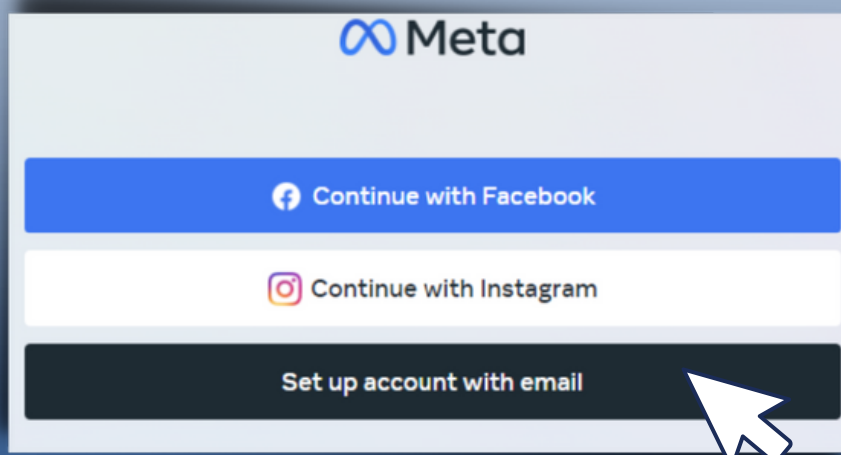


2

SIGN UP WITH EMAIL



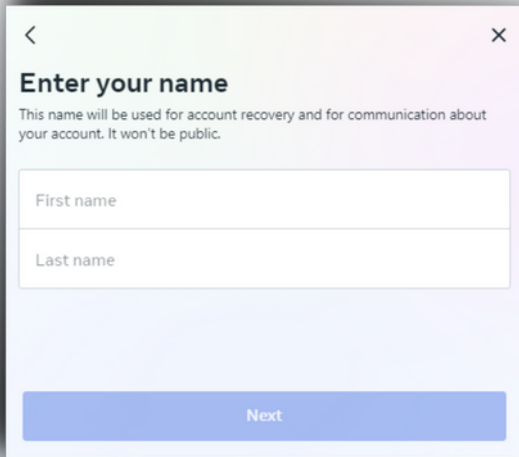
- Create one Meta account per email address
- NO Facebook or Instagram account needed



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PROVIDE ACCOUNT INFO

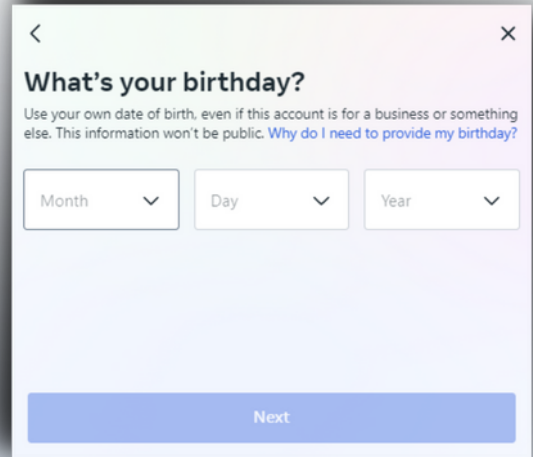


Enter your name
This name will be used for account recovery and for communication about your account. It won't be public.

First name

Last name

Next



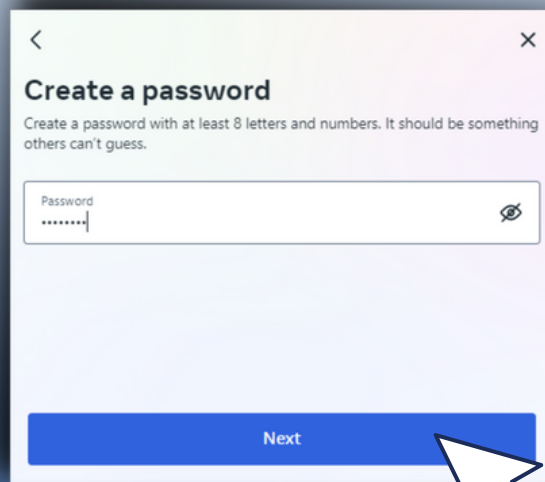
What's your birthday?
Use your own date of birth, even if this account is for a business or something else. This information won't be public. [Why do I need to provide my birthday?](#)

Month ▼ Day ▼ Year ▼

Next

4

CHOOSE PASSWORD



Create a password
Create a password with at least 8 letters and numbers. It should be something others can't guess.

Password
.....

Next

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FINALIZE ACCOUNT



- Select email notification preference and create account

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Finish creating your Meta account

Name

Email

Password
xxxxxxxxxx

Birthday

Your Meta account information isn't public.

I'm interested in receiving emails about Meta Quest releases, recommendations and sales.

By creating your account, you agree to the [Meta Terms of Service](#), [Supplemental Terms of Service](#), [Meta Privacy Policy](#) and [Supplemental Privacy Policy](#).

Back Create account